Excellence in Martial Arts Since 1981

Master Nick Scrima's Chinese Martial Arts Center 中國武術中心

"More than kicking and striking...a pathway to self-mastery and fulfillment"

武

MONDAY	*TUESDAY*	*WEDNESDAY*	*THURSDAY*	*FRIDAY*	*SATURDAY*
8:00am - Noon *Private Classes*	*8am - Noon* *Private Classes*	*8am - Noon* *Private Classes*	*8am - Noon* *Private Classes*	*8am - Noon* *Private Classes*	8:00-9:00am Rotating Class 3 Months TBA
					9:00-9:30am Stretching Class
					9:30-10:15am Tai Chi All Levels
					10:15-11:15am Kung Fu Fighting Sets
					11:15am-12:30pm Shuai Jiao (Chinese Judo)
	6:00-6:30pm Stretching Class		6:00-6:30pm Stretching Class		
6:00-7:00pm *Beginning Tai Chi*	6:30-7:30pm Beginning Kung Fu	*6:00-7:00pm* *Beginning Tai Chi*	6:30-7:30pm Beginning Kung Fu	6:30-8:00pm Tournament Training When Posted	
6:00-7:30pm *Advanced Tai Chi*	7:30-9:00pm Advanced Kung Fu Forms - Qinna & Applications	*6:00-7:30pm* *Advanced Tai Chi*	7:30-9:00pm Advanced Kung Fu Self-Defense Weapons & Sparring		
7:30-9:00pm *Xing Yi Quan*		*7:30-9:00pm* *Xing Yi Quan*			

www.clearwaterkungfu.com